

Næringargildi í heilum pizzum / Nutritional values in whole pizzas



	Stærð/ Size	Orka (kcal)	Orka (kJ)	Fita / Fat (g)	Metuð fita / Sat. fat (g)	Kolvetni/ Carbo- hydrates (g)	Sykur- tegundir / Sugars (g)	Trefjar / Dietary fiber (g)	Prótein/ Protein (g)	Salt (g)
Bahamas										
Klassískur botn / Classic base	Small	860	3600	35.6	16.2	88.3	8.8	4.9	43.8	4.0
	Med	1650	6920	73.0	35.3	152.6	18.1	8.6	91.9	8.2
	Large	2686	11250	116.0	57.0	252.0	29.4	14.2	151.5	13.3
Ítalskur botn / Italian base	Med	1232	5160	56.6	30.3	99.5	15.1	5.8	78.4	6.7
	Large	2018	8455	92.3	49.5	163.9	24.6	9.5	128.1	10.9
Pönnu botn / Pan base	Med	2622	10990	131.3	74.5	215.1	18.3	10.4	139.9	10.6
Bazaar										
Klassískur botn / Classic base	Small	770	3228	26.9	12.1	94.8	15.5	6.3	34.3	2.7
	Med	1447	6065	53.2	26.0	165.9	32.2	11.7	70.4	5.2
	Large	2350	9860	83.7	41.8	273.5	51.9	19.2	116.7	8.4
Ítalskur botn / Italian base	Med	1027	4305	36.8	21.0	112.9	29.2	8.8	56.9	3.7
	Large	1684	7060	60.1	34.3	185.4	47.2	14.5	93.3	6.1
Pönnu botn / Pan base	Med	2313	9690	104.1	60.3	229.6	33.6	13.6	107.6	7.0
BBQ King										
Klassískur botn / Classic base	Small	919	3850	38.0	17.1	99.9	18.4	4.3	42.4	4.2
	Med	1810	7590	80.7	38.3	178.1	39.4	7.2	89.5	8.9
	Large	2904	12170	124.9	60.5	292.8	63.3	12.0	146.4	14.1
Ítalskur botn / Italian base	Med	1370	5740	64.2	33.4	119.7	32.0	4.6	76.1	7.3
	Large	2205	9240	101.2	53.0	196.7	52.0	7.6	123.2	11.7
Pönnu botn / Pan base	Med	2660	11150	131.6	72.7	237.8	37.5	9.3	126.7	10.7
Bistro										
Klassískur botn / Classic base	Small	824	3455	35.3	15.9	85.9	6.3	5.2	38.4	3.4
	Med	1607	6735	75.2	36.0	147.0	12.5	9.2	81.2	7.0
	Large	2570	10780	115.7	56.7	242.8	20.2	15.1	132.6	11.1
Ítalskur botn / Italian base	Med	1187	4975	58.7	31.1	93.9	9.5	6.3	67.7	5.5
	Large	1905	7980	92.1	49.2	154.7	15.4	10.4	109.3	8.7
Pönnu botn / Pan base	Med	2472	10360	126.1	70.4	210.6	13.9	11.1	118.4	8.9
Blaze										
Klassískur botn / Classic base	Small	869	3640	39.5	17.2	86.1	6.3	5.0	39.8	4.2
	Med	1680	7040	82.3	37.8	147.6	12.6	8.9	83.0	8.7
	Large	2695	11294	127.5	59.7	243.9	20.3	14.7	135.8	13.8
Ítalskur botn / Italian base	Med	1260	5282	65.8	32.8	94.6	9.6	6.1	69.5	7.2
	Large	2027	8495	103.8	52.2	155.8	15.5	10.0	112.5	11.4
Pönnu botn / Pan base	Med	2546	10670	133.2	72.1	211.3	14.0	10.8	120.2	10.6

Amount of slices per pizza:

Small classic: 6

Medium classic: 8

Italian and pan base: 8

Large classic: 10

Næringargildi í heilum pizzum / Nutritional values in whole pizzas



	Stærð/ Size	Orka (kcal)	Orka (kJ)	Fita / Fat (g)	Metuð fita / Sat. fat (g)	Kolvetni/ Carbo- hydrates (g)	Sykur- tegundir / Sugars (g)	Trefjar / Dietary fiber (g)	Prótein/ Protein (g)	Salt (g)
Cajun combo										
Klassískur botn / Classic base	Small	1010	4235	55.8	20.6	85.0	4.0	4.1	40.1	4.2
	Med	1937	8117	112.5	43.0	144.8	7.3	6.9	82.8	8.5
	Large	3202	13421	185.6	70.3	239.3	12.1	11.5	138.1	14.0
Ítalskur botn / Italian base	Med	1525	6390	96.2	38.1	93.0	5.6	4.3	69.7	7.2
	Large	2547	10672	162.1	62.8	153.2	9.1	7.1	115.4	11.9
Pönnu botn / Pan base	Med	2808	11768	163.5	77.4	209.4	9.7	9.0	120.3	10.5
Champion										
Klassískur botn / Classic base	Small	824	3455	33.9	14.1	89.5	8.6	5.6	37.7	4.0
	Med	1612	6757	72.2	31.8	155.7	17.9	10.1	80.1	8.6
	Large	2565	10750	109.9	49.5	256.2	28.7	16.7	129.6	13.3
Ítalskur botn / Italian base	Med	1192	5000	55.7	26.9	102.6	14.9	7.3	66.6	7.1
	Large	1897	7950	86.3	42.0	168.1	24.0	12.0	106.3	11.0
Pönnu botn / Pan base	Med	2478	10383	123.1	66.2	219.3	19.3	12.0	117.3	10.5
Creme mexicano										
Klassískur botn / Classic base	Small	753	3157	27.1	12.1	86.8	7.1	5.3	38.0	3.0
	Med	1413	5922	53.7	26.1	148.9	14.1	9.4	78.9	6.0
	Large	2298	9630	84.5	42.0	246.2	23.0	15.5	130.6	9.7
Ítalskur botn / Italian base	Med	993	4162	37.2	21.1	95.9	11.1	6.6	65.4	4.5
	Large	1630	6831	60.8	34.5	158.2	18.2	10.8	107.2	7.4
Pönnu botn / Pan base	Med	2278	9548	104.6	60.4	212.6	15.5	11.3	116.1	7.8
Domino's Classic										
Klassískur botn / Classic base	Small	782	3280	31.4	13.2	86.5	6.8	5.5	35.7	3.3
	Med	1490	6246	64.5	29.0	148.4	13.7	10.0	74.2	6.8
	Large	2413	10113	101.2	46.4	245.1	22.3	16.5	122.5	10.9
Ítalskur botn / Italian base	Med	1070	4486	48.0	24.1	95.3	10.8	7.1	60.7	5.3
	Large	1745	7315	77.5	38.9	157.1	17.5	11.7	99.1	8.6
Pönnu botn / Pan base	Med	2356	9872	115.4	63.4	212.0	15.2	11.9	111.4	8.6
Domino's Deluxe										
Klassískur botn / Classic base	Small	815	3417	32.9	13.6	89.3	9.3	5.2	38.1	4.0
	Med	1567	6568	67.9	30.0	154.8	19.2	9.3	79.7	8.2
	Large	2535	10622	106.5	48.0	255.5	31.2	15.3	131.0	13.2
Ítalskur botn / Italian base	Med	1147	4807	51.4	25.1	101.8	16.2	6.4	66.2	6.7
	Large	1867	7824	82.8	40.5	167.5	26.4	10.6	107.7	10.9
Pönnu botn / Pan base	Med	2427	10172	118.8	64.4	217.3	19.5	11.1	116.8	10.1

Amount of slices per pizza:

Small classic: 6

Medium classic: 8

Italian and pan base: 8

Large classic: 10

Næringargildi í heilum pizzum / Nutritional values in whole pizzas



	Stærð/ Size	Orka (kcal)	Orka (kJ)	Fita / Fat (g)	Mettuð fita / Sat. fat (g)	Kolvetni/ Carbo- hydrates (g)	Sykur- tegundir / Sugars (g)	Trefjar / Dietary fiber (g)	Prótein/ Protein (g)	Salt (g)
Domino's Extra										
Klassískur botn / Classic base	Small	859	3600	36.7	16.1	86.1	6.6	5.9	43.2	4.0
	Med	1692	7092	78.9	36.6	147.4	13.2	11.1	92.8	8.8
	Large	2722	11408	122.7	58.4	243.1	21.1	17.6	152.6	13.7
Ítalskur botn / Italian base	Med	1281	5370	62.4	31.6	96.9	11.1	7.6	79.3	7.3
	Large	2069	8669	99.1	50.9	158.8	17.8	12.4	129.3	11.4
Pönnu botn / Pan base	Med	2567	10756	129.8	70.9	213.6	15.5	12.4	130.0	10.6
Domino's Surprise										
Klassískur botn / Classic base	Small	808	3389	33.2	14.5	87.2	6.8	5.3	37.6	3.8
	Med	1578	6613	70.7	32.7	150.7	13.9	9.4	80.1	8.2
	Large	2509	10514	107.6	51.0	248.0	22.3	15.5	129.5	12.6
Ítalskur botn / Italian base	Med	1158	4853	54.3	27.8	97.6	10.9	6.5	66.6	6.7
	Large	1841	7715	83.9	43.5	160.0	17.5	10.7	106.1	10.2
Pönnu botn / Pan base	Med	2444	10239	121.6	67.1	214.3	15.3	11.3	117.3	10.0
Dóttir										
Klassískur botn / Classic base	Small	941	3943	38.3	17.3	107.3	25.6	5.5	39.1	3.7
	Med	1849	7748	80.7	38.4	193.8	54.7	9.8	81.9	7.7
	Large	2972	12451	125.6	60.9	318.0	88.0	16.2	134.2	12.2
Ítalskur botn / Italian base	Med	1409	5902	64.3	33.5	135.4	47.4	7.2	68.5	6.2
	Large	2273	9524	102.0	53.5	221.9	76.7	11.8	111.1	9.8
Pönnu botn / Pan base	Med	2699	11310	131.7	72.8	253.4	52.9	11.9	119.2	9.5
Fiesta										
Klassískur botn / Classic base	Small	846	3543	36.2	16.1	89.4	9.8	5.5	37.8	3.5
	Med	1631	6836	75.2	35.4	155.0	20.3	9.9	78.8	7.1
	Large	2643	11073	118.5	56.8	256.0	33.1	16.3	130.0	11.4
Ítalskur botn / Italian base	Med	1211	5076	58.7	30.5	101.9	17.3	7.0	65.3	5.6
	Large	1975	8274	94.8	49.3	167.9	28.3	11.6	106.6	9.1
Pönnu botn / Pan base	Med	2497	10462	126.1	69.8	218.6	21.7	11.8	116.0	9.0
Hawaiian										
Klassískur botn / Classic base	Small	723	3029	24.8	10.4	88.2	8.7	4.9	34.1	3.2
	Med	1351	5663	49.2	22.5	152.4	17.9	8.6	70.5	6.4
	Large	2195	9197	77.1	36.1	251.7	29.1	14.2	116.6	10.3
Ítalskur botn / Italian base	Med	931	3903	32.7	17.5	99.3	14.9	5.8	57.0	4.9
	Large	1527	6399	53.4	28.6	163.6	24.3	9.5	93.3	8.0
Pönnu botn / Pan base	Med	2217	9289	100.1	56.8	216.0	19.3	10.5	107.7	8.3

Amount of slices per pizza:

Small classic: 6

Medium classic: 8

Italian and pan base: 8

Large classic: 10

Næringargildi í heilum pizzum / Nutritional values in whole pizzas



	Stærð/ Size	Orka (kcal)	Orka (kJ)	Fita / Fat (g)	Mettuð fita / Sat. fat (g)	Kolvetni/ Carbo- hydrates (g)	Sykur- tegundir / Sugars (g)	Trefjar / Dietary fiber (g)	Prótein / Protein (g)	Salt (g)
Hvítlauksbrauð/Ga rlie bread										
Klassískur botn / Classic base	Small	811	3397	37.1	13.4	81.8	2.8	4.1	35.4	2.4
	Med	1521	6375	74.2	28.4	138.0	4.7	6.9	72.0	4.6
	Large	2505	10495	121.6	45.8	228.5	7.8	11.5	118.2	7.4
Ítalskur botn / Italian base	Med	1109	4648	57.8	23.4	86.2	2.9	4.3	58.9	3.3
	Large	1849	7746	98.1	38.4	142.3	4.8	7.1	95.5	5.3
Pönnu botn / Pan base	Med	2440	10223	128.3	64.8	202.6	7.0	9.0	114.2	6.8
Italiana										
Klassískur botn / Classic base	Small	909	3809	39.0	15.0	100.1	21.0	6.3	36.2	3.6
	Med	1781	7461	82.5	33.5	177.8	44.4	11.7	76.0	7.4
	Large	2856	11967	127.7	52.6	292.9	72.1	19.1	124.1	11.7
Ítalskur botn / Italian base	Med	1361	5701	66.0	28.6	124.7	41.4	8.8	62.5	5.9
	Large	2188	9168	104.1	45.1	204.9	67.3	14.4	100.7	9.3
Pönnu botn / Pan base	Med	2646	11087	133.4	67.9	241.4	45.8	13.5	113.2	9.3
Kjötveisla										
Klassískur botn / Classic base	Small	840	3521	36.0	15.4	86.2	6.4	4.8	40.6	4.1
	Med	1624	6806	74.9	34.0	147.9	12.8	8.5	85.3	8.6
	Large	2627	11010	118.0	54.5	244.2	20.8	14.1	140.3	13.8
Ítalskur botn / Italian base	Med	1204	5046	58.5	29.1	94.8	9.9	5.7	71.8	7.1
	Large	1959	8212	94.3	47.0	156.2	16.0	9.3	116.9	11.5
Pönnu botn / Pan base	Med	2489	10432	125.9	68.4	211.5	14.3	10.4	122.5	10.5
Margarita										
Klassískur botn / Classic base	Small	727	3048	26.5	12.1	83.9	5.4	4.7	36.1	2.8
	Med	1348	5648	51.9	25.6	142.6	10.6	8.2	73.6	5.4
	Large	2181	9139	80.9	40.8	235.9	17.2	13.4	120.7	8.7
Ítalskur botn / Italian base	Med	928	3888	35.4	20.7	89.6	7.6	5.3	60.1	3.9
	Large	1513	6341	57.2	33.2	147.8	12.4	8.7	97.4	6.3
Pönnu botn / Pan base	Med	2260	9471	105.9	62.1	206.3	12.0	10.0	115.4	7.5
Meat & Cheese										
Klassískur botn / Classic base	Small	937	3928	46.3	21.2	85.6	6.6	4.8	42.1	4.5
	Med	1837	7696	97.8	46.9	146.3	13.2	8.5	88.5	9.3
	Large	2975	12466	155.3	75.5	241.8	21.5	14.0	145.7	15.0
Ítalskur botn / Italian base	Med	1417	5935	81.4	42.0	93.2	10.3	5.6	75.0	7.8
	Large	2307	9668	131.6	67.9	153.7	16.7	9.2	122.4	12.6
Pönnu botn / Pan base	Med	2702	11322	148.7	81.3	209.9	14.7	10.4	125.7	11.2

Amount of slices per pizza:

Small classic: 6

Medium classic: 8

Italian and pan base: 8

Large classic: 10

Næringargildi í heilum pizzum / Nutritional values in whole pizzas



	Stærð/ Size	Orka (kcal)	Orka (kJ)	Fita / Fat (g)	Mettuð fita / Sat. fat (g)	Kolvetni/ Carbo- hydrates (g)	Sykur- tegundir / Sugars (g)	Trefjar / Dietary fiber (g)	Prótein/ Protein (g)	Salt (g)
New York										
Klassískur botn / Classic base	Small	857	3591	38.5	17.8	84.3	5.8	4.8	40.8	3.5
	Med	1651	6918	79.7	39.1	143.6	11.5	8.5	85.5	7.0
	Large	2686	11255	127.0	63.2	237.5	18.6	14.1	141.3	11.3
Ítalskur botn / Italian base	Med	1231	5158	63.3	34.1	90.5	8.5	5.7	72.0	5.5
	Large	2018	8457	103.4	55.7	149.4	13.9	9.3	118.0	9.0
Pönnu botn / Pan base	Med	2516	10544	130.7	73.4	207.2	12.9	10.4	122.7	8.8
Nice & Cheesy										
Klassískur botn / Classic base	Small	867	3633	39.4	19.5	83.9	5.4	4.7	42.0	3.6
	Med	1677	7026	82.0	42.9	142.6	10.6	8.2	88.1	7.3
	Large	2726	11422	130.4	69.4	235.9	17.2	13.4	145.4	11.8
Ítalskur botn / Italian base	Med	1257	5266	65.5	38.0	89.6	7.6	5.3	74.6	5.8
	Large	2058	8623	106.8	61.8	147.8	12.4	8.7	122.1	9.5
Pönnu botn / Pan base	Med	2542	10652	132.9	77.3	206.3	12.0	10.0	125.3	9.1
Pepperoni veisla										
Klassískur botn / Classic base	Small	904	3788	41.9	18.9	84.7	5.9	4.7	44.8	4.2
	Med	1804	7559	91.7	43.2	144.6	11.7	8.2	96.0	9.2
	Large	2845	11921	138.2	66.5	238.7	18.8	13.4	155.0	14.1
Ítalskur botn / Italian base	Med	1384	5799	75.2	38.2	91.6	8.8	5.3	82.5	7.7
	Large	2177	9123	114.5	59.0	150.6	14.0	8.7	131.7	11.8
Pönnu botn / Pan base	Med	2779	11644	150.0	82.4	208.3	13.2	10.0	144.1	11.6
Prinsessan										
Klassískur botn / Classic base	Small	848	3553	37.8	16.5	85.9	6.4	5.1	38.6	3.9
	Med	1642	6878	79.1	36.5	147.0	12.9	9.2	80.8	8.1
	Large	2647	11090	123.8	58.2	242.8	20.9	15.1	132.6	13.0
Ítalskur botn / Italian base	Med	1221	5118	62.7	31.5	93.9	9.9	6.3	67.3	6.6
	Large	1979	8291	100.2	50.7	154.8	16.1	10.4	109.3	10.6
Pönnu botn / Pan base	Med	2507	10504	130.0	70.8	210.6	14.3	11.1	118.0	10.0
Svepperoni										
Klassískur botn / Classic base	Small	773	3241	31.3	13.2	85.0	6.0	5.0	35.4	3.3
	Med	1470	6160	64.3	29.0	145.0	11.9	8.8	73.4	6.8
	Large	2381	9975	100.9	46.3	239.7	19.3	14.5	121.2	10.9
Ítalskur botn / Italian base	Med	1050	4400	47.9	24.0	92.0	8.9	6.0	59.9	5.3
	Large	1713	7176	77.2	38.8	151.7	14.5	9.8	97.9	8.6
Pönnu botn / Pan base	Med	2336	9786	115.2	63.3	208.7	13.3	10.7	110.6	8.6

Amount of slices per pizza:

Small classic: 6

Medium classic: 8

Italian and pan base: 8

Large classic: 10

Næringargildi í heilum pizzum / Nutritional values in whole pizzas



	Stærð/ Size	Orka (kcal)	Orka (kJ)	Fita / Fat (g)	Mettuð fita / Sat. fat (g)	Kolvetni/ Carbo- hydrates (g)	Sykur- tegundir / Sugars (g)	Trefjar / Dietary fiber (g)	Prótein/ Protein (g)	Salt (g)
Sweet & Spicy										
Klassískur botn / Classic base	Small	851	3567	34.7	15.3	94.9	15.7	5.4	37.1	3.5
	Med	1652	6923	72.9	34.0	166.5	32.7	9.8	77.6	7.2
	Large	2650	11105	112.6	53.6	274.3	52.8	16.2	126.9	11.3
Ítalskur botn / Italian base	Med	1232	5163	56.5	29.1	113.4	29.7	7.0	64.1	5.7
	Large	1983	8307	88.9	46.1	186.2	48.0	11.4	103.6	8.9
Pönnu botn / Pan base	Med	2518	10549	123.8	68.4	230.2	34.1	11.7	114.7	9.0
T-Rex										
Klassískur botn / Classic base	Small	931	3904	38.5	16.2	100.4	18.3	4.2	43.9	4.4
	Med	1849	7749	82.3	36.5	179.9	39.3	7.1	93.8	9.6
	Large	2948	12352	126.3	57.2	295.0	63.1	11.8	151.9	14.8
Ítalskur botn / Italian base	Med	1409	5904	65.8	31.6	121.5	31.9	4.5	80.4	8.0
	Large	2249	9426	102.7	49.7	198.9	51.7	7.4	128.8	12.4
Pönnu botn / Pan base	Med	2699	11311	133.2	70.9	239.6	37.4	9.2	131.1	11.4
Tókýó										
Klassískur botn / Classic base	Small	869	3641	38.4	17.3	86.1	6.2	5.0	42.3	4.3
	Med	1680	7039	79.6	38.0	147.5	12.4	8.9	89.0	9.0
	Large	2728	11431	126.4	61.4	243.7	20.1	14.6	146.6	14.5
Ítalskur botn / Italian base	Med	1259	5279	63.1	33.1	94.5	9.4	6.0	75.5	7.5
	Large	2060	8632	102.8	53.8	155.7	15.4	9.8	123.2	12.1
Pönnu botn / Pan base	Med	2545	10665	130.5	72.4	211.2	13.8	10.7	126.2	10.8
Veganveisla										
Klassískur botn / Classic base	Small	748	3136	27.2	15.2	101.9	9.0	6.7	20.7	3.2
	Med	1245	5216	41.9	22.3	173.2	18.3	12.4	37.5	5.4
	Large	1927	8072	57.6	28.9	280.1	30.0	20.4	61.8	8.3
Ítalskur botn / Italian base	Med	856	3587	27.5	18.7	120.2	15.3	9.6	27.1	4.1
	Large	1321	5536	38.1	24.2	192.0	25.2	15.7	44.6	6.2
Pönnu botn / Pan base	Med	1860	7793	76.0	45.4	236.9	19.7	14.3	49.9	6.1
Vegas										
Klassískur botn / Classic base	Small	719	3014	28.0	10.2	97.5	12.0	5.8	16.6	2.8
	Med	1301	5450	53.1	20.3	171.9	24.8	10.6	28.4	5.4
	Large	2110	8840	83.3	32.2	284.3	40.8	17.6	47.0	8.7
Ítalskur botn / Italian base	Med	912	3821	38.8	16.7	118.9	21.8	7.8	18.0	4.0
	Large	1504	6303	63.8	27.5	196.3	36.0	12.8	29.9	6.7
Pönnu botn / Pan base	Med	1916	8027	87.2	43.4	235.6	26.2	12.5	40.8	6.0

Amount of slices per pizza:

Small classic: 6

Medium classic: 8

Italian and pan base: 8

Large classic: 10

Næringargildi í heilum pizzum / Nutritional values in whole pizzas



	Stærð/ Size	Orka (kcal)	Orka (kJ)	Fita / Fat (g)	Mettuð fita / Sat. fat (g)	Kolvetni/ Carbo- hydrates (g)	Sykur- tegundir / Sugars (g)	Trefjar / Dietary fiber (g)	Prótein / Protein (g)	Salt (g)
Vegedary										
Klassískur botn / Classic base	Small	811	3400	31.8	14.9	91.6	10.9	5.6	36.9	3.1
	Med	1538	6446	64.1	32.2	158.6	22.0	10.5	76.4	6.4
	Large	2500	10475	101.3	51.8	262.1	35.9	17.4	126.3	10.4
Ítalskur botn / Italian base	Med	1118	4685	47.7	27.2	105.6	19.0	7.7	62.9	4.9
	Large	1832	7677	77.7	44.3	174.0	31.2	12.6	102.9	8.1
Pönnu botn / Pan base	Med	2404	10072	115.0	66.5	222.3	23.5	12.4	113.6	8.3

Amount of slices per pizza:

Small classic: 6
 Medium classic: 8
 Italian and pan base: 8
 Large classic: 10